

4-H Youth Development



UK Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

Cooperative Extension Service

Meade County
1041 Old Ekron Road
Brandenburg, KY 40108
270-422-4958
Fax: 270-422-3773
www.meade.ca.uky.edu

MEADE COUNTY 4-H CHATTER AUGUST/SEPTEMBER 2024

What is 4-H? 4-H is a community of young people across America who are learning leadership, citizenship and life skills. 4-H members in Meade County are given the opportunity to learn in many areas including Agriculture, Fine Arts & Communication, Family & Consumer Sciences, Health, Leadership, Science, Engineering & Technology (SET) and Natural Resources. We strive to offer you the 4-H experience of a lifetime! We look forward to meeting you and your family and helping you to ...



Deana K. Reed

Deana K. Reed
Meade County Extension Agent for
4-H Youth Development Education

“Make the Best Better!”

Celebrating Our Members

Join us for a night to celebrate our 4-H youth! Save the date for our 4-H Recognition event on **Thursday, October 24, 2024, at 6:00 pm**. Youth, ages 5-18, who were 4-H members during the 2023-2024 program year are invited to submit a self-nomination form to be recognized for their achievements in 4-H project work! Self-nomination forms are due no later than September 6th and can be submitted in one of three ways:

1. Hard copy with LEGIBLE handwriting,
2. Fill in the Excel spreadsheet format, or
3. Complete online submission.



Stop by the office to pick up a copy of the self-nomination form, email Deana to receive the Excel spreadsheet, or use **following link or QR code** to submit online:

https://uky.az1.qualtrics.com/jfe/form/SV_2gIAju3duE2NI1Y



Only those members that submit the self-nomination form will be recognized at our event, so **DON'T DELAY** submitting your form!

Animal Science Club Meetings



The deadline to enroll in one of our 4-H Livestock Clubs (i.e. Sheep, Goat, Swine or Beef) is **Thursday, October 31!** Club leaders are excited about this upcoming program year and will be setting dates mid-September. Keep an eye out for future club meeting dates.

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.

4-H Council

Did you know that as a 4-H parent you are welcome to attend the 4-H Council meetings? Well, you are and we welcome any new faces for the upcoming program year. The 4-H Council is made up of 4-H parents and volunteers who provide guidance and support for the overall Meade County 4-H Youth Development program. Our next meeting is scheduled for **Monday, September 16 at 6:00 pm** at the Extension Office. Please JOIN US and become an active adult volunteer for the program!

4-H Volunteers NEEDED...Could it be You?



Become a 4-H Volunteer today and help create life-changing experiences for youth in Meade County! **We are currently seeking 4-H Volunteers to fill the following roles: Foods & Nutrition program leaders, Clover Bud Club leader, STEAM program leaders, and Adult & Teen Camp Counselors.** All volunteers must complete a volunteer application and successfully pass all background checks. Please contact the Extension Office to receive an application and to talk to Deana about volunteering.



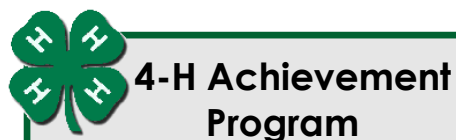
Do you need a delicious country ham to serve during the holidays? Join the 4-H Country Ham project youth as they host a LIVE auction on **Thursday, October 24** immediately following the 4-H Recognition event. Winning bidders will receive not only a hand-cured 4-H country ham, but also enjoy a value-added "themed" basket designed by a ham project member.

4-H Homeschool Experience



4-H Home School Experience program is definitely one to check out this year! Program is for ages 5-18. We will be having an informational meeting on **Thursday, September 26 from 10:00 - 11:00 am** at the Extension Office.

We will be discussing youth's topics of interest and setting meeting dates. It is **SO VERY IMPORTANT** that if you are planning on attending that you call 270-422-4958 and RSVP with the number of family members (and their ages) that will be attending.



Contact Deana ASAP if you are interested in starting your 4-H Achievement application.

4-H encourages young people to set and achieve their goals. To that end, the Kentucky 4-H Achievement Program was created to reward ambitious and accomplished young people throughout the state. In the Achievement Program, young people receive recognition and prizes for their accomplishments in 4-H and their community. 4-H'ers can start accumulating points as soon as they start 4-H and begin earning recognition in the sixth grade. With a new 4-H program year beginning in September, now is the time for 4-H'ers to start thinking about their goals and how the Achievement Program could help. There are county level and state level awards.

NOW is the time to start recording your 4-H achievements for the past year, as well as your other school/community achievements so that you are ready to complete the application.

Members, ages 10 and up, can begin NOW creating their 4-H resumes for official submission in 7th grade. Members can submit applications for consideration for county and state level awards depending on completed grade level.

QUESTIONS? Email Deana for additional information or tips on what to include in your application. The complete application can be emailed to you for easier completion and submission.

Kickoff Event!

2024 Meade County

4-H

Kick-Off



SEPT

17

4-6 PM



Bring A Friend!

FREE Admission

For ALL Youth,
Ages 5-18

Meade County
Extension Office
1041 Old Ekron Rd
Brandenburg, KY

270-422-4958

LEARN MORE ABOUT 4-H!!
ENROLL TO BE A MEMBER!!
PRIZES & REFRESHMENTS!!

MEET & GREET WITH 4-H AGENT,
VOLUNTEERS & MEMBERS!



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Disciplined programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or receipt of residential prior civil rights activity. Reasonable accommodations of disability may be available with prior notice. Program accommodations may be made available to languages other than English.



Disabilities
accommodated
with prior notification.

Lexington, KY 40506



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.



MEADE COUNTY 4-H COUNTRY HAM AUCTION

Save the Date!
October 24th, 2024



Please join us for an auction of 4-H member cured country hams.
The auction will be for the ham combined into a value added basket.
Auction to follow the 4-H Recognition event at 6:00 pm.

For more information contact:

Deana K. Reed

County Extension Agent for 4-H Youth Development

Phone: 270-422-4958 email: deanakreed@uky.edu

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.

KY 4-H Participant Information/Enrollment Form

(NOT FOR RESIDENTIAL CAMP)



Meade County 4-H Enrollment Form (for ages 5-18 as of 1/1/2025)

Enrollment is from September 1, 2024 to August 31, 2025.

Re-enrollment is required each year to be an active Meade County 4-H Member.

Note: This form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Should this information change during the program year, it is the responsibility of the parent/guardian(s) to notify Extension personnel in writing.

2024-2025
School Year

School Name: _____ (Select One):
Grade: _____

New Member
 Returning Member, including this year,
I have been in 4-H _____ years.

4-H'er Last Name: _____ First Name: _____
 Family Last Name: _____ Preferred Name: _____
 Family Email: _____
 Mailing Address: _____ Birth Date: _____ Age: _____
 City: _____ State: _____ Zip Code: _____
 Family Phone: (____) _____ Gender: Female Male
 Residence (select one): Farm Town < 10,000 or Rural Non-Farm Town / City / Suburb 10,000-50,000 City-Central >50,000
 Race (please choose more than one if applicable): American Indian Asian Black Native Hawaiian or Pacific Islander
 White Prefer Not to Say Not Listed: _____
 Ethnicity (select one): Not Hispanic Hispanic T-Shirt Size: _____

Parent / Guardian 1: _____ Phone: (____) _____
 E-mail: _____ May we release personal information to this person? Yes No
 Parent / Guardian 2: _____ Phone: (____) _____
 E-mail: _____ May we release personal information to this person? Yes No

Is any member of your family a current or former member of the United States Military or National Guard?: Yes No

Pick Up Information: In addition to the parent/guardian(s) and emergency contacts listed, please list the names of up to two additional people authorized to pick up the above referenced child. These individuals will not be contacted in case of an emergency, the parent/guardian(s) or emergency contact information will only be used. If an individual who is not listed on this form is permitted to pick up your child/children, the parent/guardian(s) will need to provide written permission (letter or email) to Extension personnel or approved volunteer responsible for the event/activity.

Name of First Person: _____ Relationship to 4-H Member: _____ Phone: _____
 Name of Second Person: _____ Relationship to 4-H Member: _____ Phone: _____



IX. Health History

Does the participant have, or at any time has had, any of the following? Check “Yes” or “No” to each item. Please explain any “Yes” answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions allow Extension personnel and approved volunteers to best support your young person and will be kept confidential.

Allergies

1.Serious Allergy to Insects	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.Serious Allergy to Dairy	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.Serious Allergy to Gluten	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.Serious Allergy to Nuts	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.Other Allergy(Please explain)	<input type="checkbox"/> Yes <input type="checkbox"/> No

Please explain any “yes” responses, including medications for any allergies:

The following over the counter medications may be administered to my child without contacting me:

Acetaminophen:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Antacid:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Antihistamine Pill:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Decongestant:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dramamine:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hydrocortisone Cream:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Ibuprofen (Advil)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Polysporin (topical antibiotic)	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Conditions

1.Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	6.Fainting	<input type="checkbox"/> Yes <input type="checkbox"/> No	11.Wear Glasses/Contacts?	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.Bronchitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	7.Headaches	<input type="checkbox"/> Yes <input type="checkbox"/> No	Please explain any “yes” responses, including medications taken for any conditions:	
3.Convulsions	<input type="checkbox"/> Yes <input type="checkbox"/> No	8.Heart Condition	<input type="checkbox"/> Yes <input type="checkbox"/> No		
4.Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	9.Hypoglycemia	<input type="checkbox"/> Yes <input type="checkbox"/> No		
5.Ear Infection	<input type="checkbox"/> Yes <input type="checkbox"/> No	10.Other Conditions	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Please explain any restrictions (dietary, physical, etc)

Social, emotional, and/or behavioral health information:

X. REVIEW CONFIRMATION SIGNATURE

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

PARENT/GUARDIAN: _____ DATE: _____

XI. SURVEY & EVALUATION RELEASE

I hereby establish my willingness to participate as an adult (i.e., 4-H leader, other volunteer, parent/ guardian, site manager, etc.) and give permission for my child (under 18 years of age) to complete surveys and evaluations that will be used to determine program effectiveness or to promote the program. I understand that participation in surveys and evaluations is voluntary and that my child and I may choose not to participate and may withdraw from surveys and evaluations without impact on my or my child’s eligibility to participate in the 4-H program. I understand that my child or I may be asked for consent before completing a survey or an evaluation.

Yes No I am willing to participate or give permission for my child to participate in any program evaluation. (Initials)

XII. PERMISSION TO PARTICIPATE

I acknowledge that my child is participating in 4-H programs for their own personal benefit and that my child will participate in recreational and other activities as part of 4-H programs. I understand that some activities may have inherent dangers and physical risks and that no amount of care, caution, instruction, or expertise can completely eliminate them. I assume responsibility for all risks, known and unknown, involving my child’s participation in 4-H programs and I voluntarily authorize my child’s participation in reliance upon my own judgment and knowledge of my child’s experience and capabilities. I hereby agree to indemnify and hold harmless the University of Kentucky Cooperative Extension Service and all related parties from any liability, losses, costs, damages, claims or causes of action of any kind or nature arising from or related in any way to my child’s participation in 4-H program. (Initials)

XII. PUBLICITY RELEASE

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign, and/or distribute still pictures, video, and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content

PARENT/GUARDIAN _____ NO, I DO NOT PERMIT

4-H Youth Development Code of Conduct Form

All 4-H members and family/friends/caretakers associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. Safety of all involved in 4-H programs is top priority, the following guidelines are designed to ensure all involved understand their role in participating in a safe and educational environment for all.

WHILE ENROLLED AS A 4-H MEMBER:

- To be a member in good standing it is expected that the 4-H participant attends planned sessions, workshops, field trips, and meetings associated with their enrollment. To be eligible for cumulative events in 4-H, members must complete at least six hours of education in the core program area they are participating in under the expectations laid out by the 4-H program.
- Dress codes will be specific to individual events/programs/activities.
- The possession and use of alcoholic beverages, tobacco products, vape juice and/or devices, and/or drugs (except for medications prescribed to the participant by a licensed physician, with proper paperwork and accommodations made) are prohibited.
- Possession of firearms not for educational use is prohibited.
- Setting of fire alarms and tampering with fire extinguishing and other emergency equipment are prohibited.
- Gambling of any type is prohibited.
- Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
- Physical violence is not tolerated.
- Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
- Display of overly affectionate or inappropriate attention between participants is prohibited.
- Technological equipment (including but not limited to cell phones, laptops, or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
- Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex, or are in any other way distracting, are prohibited.
- Additional expectations may be required based on the activity/program/event the 4-H member is participating in.

WHILE ATTENDING OVERNIGHT 4-H EXPERIENCES THE FOLLOWING WILL ALSO APPLY:

- All participants must follow the agenda and expectations that are set forth by the program planners. Chaperones/adult volunteers will actively monitor all participants.
- All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event. Chaperones/adult volunteers will actively monitor all participants.
- No member or volunteer may leave the event/activity/program without the permission of the event planner or adult in charge. An adult shall accompany a 4-H member at any time they leave the grounds. Adults shall notify another adult before leaving the grounds.
- At overnight events, only conference participants may be in sleeping areas. Individuals may only be in their assigned sleeping area. Lounges or common areas may be used only for working committees and social activities.

Any violations of this Code of Conduct shall be reported promptly to the chaperone for the individual and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. Failure to comply with the Code of Conduct by 4-Hers and family/friends/caretakers associated with the 4-H participant may result in penalty including, but not limited to, the following:

- Sent home from the activity or event at their own expense.
- Barred from participation from future 4-H events.
- Assessed the cost of damages for destruction of property.

I, _____, have read the Code of Conduct and agree to abide by its rules.
(Print Name)

I understand that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Member: _____ County: _____

Parent/Guardian: _____ Date: _____



Youth **MUST** be an enrolled 4-H member to be eligible to participate at county, area, regional and state level events and to show at the Meade County and/or KY State Fair.

Project Books Available for Order or Pick up at 4-H Office

Note: some books may have associated costs

- **Aerospace**
- **Agriculture**
- **Animal Science**
 - Beef Cattle
 - Country Ham
 - Goat
 - Horse
 - Poultry
 - Rabbit
 - Sheep
 - Swine
- **Babysitting**
- **Citizenship/Civic Engagement**
- **Cloverbuds (ages 5-8)**
- **Communication**
 - Demonstrations
 - Speeches
 - Mock Interviews
- **Electric**
- **Entomology**
- **Expressive Arts**
 - Painting
 - Clay
 - Fiber Arts
 - Mixed Media
 - KY 4-H Trends
- **Family & Consumer Sciences**
- **Foods/Food Preservation**
- **Forestry**
- **Health & Well-being**
- **Home Environment**
- **Horticulture/Gardening**
- **Leadership**
 - Achievement Program
 - Teen Leadership Academy
 - Jr. Teen Leadership Academy
- **Needlework**
 - Crochet
 - Embroidery
 - Knitting
 - Quilting
- **Photography**
 - Agriculture
 - Communications & Expressive Arts
 - Family & Consumer Sciences
 - Health & Well-Being
 - Leadership
 - Natural Resources
 - Science, Engineering & Technology
- **Record Books (Junior & Senior)**
 - Animal Science Projects
 - Club Secretary
- **STEAM**
 - Science
 - Technology
 - Engineering
 - Art
 - Math
- **Sewing**
 - Junior level (ages 9-13)
 - Senior level (ages 14-18)
- **Wood Science**

Not all of these topics are available in a club format, many can be studied and completed at home as a 4-H independent project.

4-H Clubs/Activities:

- Must live or attend school in Meade County
- Animal project deadline: October 31, 2024
- Re-enrollment deadline: December 21, 2024
- NEW enrollments accepted year-round.

Please check the clubs/subjects you are interested in below. The 4-H newsletter will include dates of club meetings and activities and you will receive an initial invitation once the club/program begins. To remain a member of a club, you must attend club meetings.

**As of January 1, 2025:
4-H Age is 9-18 years old and
Clover Bud Age is 5-8 years old.**

Volunteer Led Clubs:

- Beef Club
- Goat Club
- Horse Club
- Poultry & Rabbit Club
- Sheep Club
- Swine Club

General Programs:

- Art Projects
- Cloverbuds (ages 5-8)
- Cooking Projects
- Country Ham Project
- Gardening/Horticulture Projects
- Homeschool Programs
- Leadership Projects
- Public Speaking Project
- STEAM Programs
- Summer Camp (ages 9-18)
- Teen Programs (ages 13-18)

Note: *Enrollment is taken year-round, but some projects/clubs have specific deadlines (i.e. animal science enrollment is October 31, 2024) and 6 hours of education is required for all animal science projects (i.e. livestock, rabbit & poultry) by tagging verification deadline(s) and horse enrollment requires 6 hours of education by April 15, 2025. Check with office for additional participation deadlines.*



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

Come

4-H WITH ME!

"PUMPKIN PALOOZA"

For youth,
ages 9-18, &
1 adult

Make pumpkin wreath,
take home a pumpkin
craft & 4-H pumpkin
project book!

10 spots available
\$5 fee per pair
To register, call
270-422-4958

SEPTEMBER 24, 2024

6:00 - 7:00 PM

MEADE COUNTY EXTENSION OFFICE
1041 OLD EKRON RD, BRANDENBURG

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or request for modification for prior civil rights activity. Reasonable accommodations of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Facilities
accommodated
with prior notification.



4-H Enrollment (new and old) - NOW is the time!!

Now is the time to re-enroll to be a 4-H member. The new enrollment form can be downloaded from our website, or you can stop by the office and pick up one. The deadline to enroll in an *animal science project club* is **Thursday, October 31, 2024**. The deadline to re-enroll for the 2024-2025 program year is Friday, December 20, 2024. **Anyone not enrolled or re-enrolled by this date will be removed from our county mailing list** ... meaning you will not receive the 4-H Newsletter. Enrollments will be taken throughout the year, but we advise you to do this now rather than later. Please share this information with friends that are not currently enrolled in 4-H so they can be added to our mailing list to receive information about upcoming program opportunities.

Check out
our website:



The College of Agriculture, Food and Environment is an Equal Opportunity Organization with respect to education and employment and authorization to provide research, education information and other services only to individuals and institutions that function without regard to economic or social status and will not discriminate on the bases of race, color, ethnic origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. Inquiries regarding compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to Equal Opportunity Office, College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546.